



Mentor Checklist Forms for all Study Guides (Plan A, Plan B, Plan V)

Study Guide 1 – Umpire – Learning Objectives – Mentor Checklist

Participant’s Name: _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meets but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning Objectives – Umpire – Module 1 What should JOP candidate be able to do:?	PO /LO #	Date Completed	Mentor Initials
USATF RULE 127	Rule		
Personal Equipment	U1		
Equipment from Meet Management	U2		
Role of the Umpire	U3		
Prior to the Event	U4		
Location Position	U5		
Observation	U6		
Reporting Observations and Forms	U7		
Follow-Up	U8		
Legal Running w/lanes; wo/lanes	U9		
Running Violations	U10		
Illegal Assistance	U11		
The Steeplechase	U12		
Relays – Passing the Baton	U13		
Relay Racing Violations	U14		
Check Marks	U15		
Umpire’s Incident Report	U16		
Umpire’s Incident Report – Cross Country	U17		
Possible Relay Violations to be alert to	U18		
Umpire Location and Coverage	U19		
General Rules to Remember - Umpiring	U20		
Assembly	U21		
Positions - standing	U22		



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Track Report Dictionary	U23		
Read and Study the Umpire Manual as per Best Practices.	U24		

Comments: _____



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Study Guide 2 – Starter – Learning/Performance Objectives - Mentor Checklist

Participant's Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties .These type criteria will be marked NA. NA’s should be used sparingly.

Learning Objectives What should the JOP be able to explain or do?	PO #	Date Completed	Mentor Initials
USATF Rule 129	Rule		
Characteristics of a Good Starter	S1		
Pre-Meet Activities	S2		
Recall Starters	S3		
Instructions to Competitors	S4		
Position of Starter and Recall Starters	S5		
Sprint Races - Straightaways	S6		
Distance Races (1500 M or longer)	S7		
Starter Stance and Mannerisms	S8		
Voice Commands	S9		
Arm Signals	S10		
CC Races NCAA specific procedures	S11		
Relay Races	S12		
Pulling the Trigger	S13		
Rotating Starters	S14		
Starters' Uniform	S15		
Ear Protection	S16		
Safety	S17		
Personal Equipment	S18		
Duties	S19		
Pre-Meet Preparations	S20		
Starts	S21		



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Safety Considerations	S22		
Starter Rules Comparisons	S23		

Comments:



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Study Guide 3 – CLERKING - Learning/Performance Objectives – Mentor Checklist

Participants Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning Objectives – Clerking – Module 3 What should the JOP be able to explain or do?	PO/LO #'s	Date Completed	Mentor Initials
USATF Rule 138	C1		
Performance Objectives	C2		
Who is the Clerk of Course USATF/NCAA/NFHS	C3		
Common Sense Rules to Live By	C4		
Related Rules:			
Uniforms (USATF 143, NCAA 4-3, NFHS 4-3)	C5		
Spikes (USATF 143-3c, NCAA 4-3-5, NFHS 4-3-1a(3))	C6		
Electronic Devices (USATF 159, NCAA 4-1-17, NFHS 3-2-8)	C7		
Blocks and block holders (USATF 161, 302.2e, 332.2d, NCAA 2-2, 5-1-3 NFHS 5-4-1, 5-7-7)	C8		
Relays (USATF 170, NCAA 5-8, NFHS 5-10)	C9		
Batons (USATF 170-15, NCAA 2-5, NFHS 5-4-3, 5-10-5)	C10		
Receiving Baton/After passing (USATF 170-13,14,17, NCAA 5-8-4,6, NFHS 4-10-11)	C11		
Forming Heats (USATF 166, NCAA 5-11, NFHS 5-6)	C12		
Responsibility to Report (USATF 142, NCAA 4-2-1, NFHS 4-1-3,4)	C13		
Check-in and Staging	C14		
Escorting	C15		
Line Clerking	C16		
Head Clerk	C17		
Equipment	C18		
Pre-Meet Preparations	C19		
Key Points	C20		



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Mistakes	C21		
Situations for discussions	C22		
Clerking Area Venue checklist	C23		
Track Surface	C24		
Venue	C25		
Blocks	C26		
USATF Rule 142 - Competitor Check-in	C27		

Comments: _____



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Guide 4 – Finish Line/Lap Scoring – Learning/Performance Objectives Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type of criteria will be marked NA. NA’s should be used sparingly.

Learning Objective/Performance Objective What should the JOP be able to explain or do?	LO/PO #	Date Completed	Mentor Initials
USATF Rules – Rule 139 - Finish Line Coordinator	FLS1		
USATF Rules – Rule 164 – The Finish Line	FLS2		
USATF Rules – Rule 131 – Lap Scorers	FLS3		
Personal Equipment	FLS5		
Finish Line Coordinator Duties	FLS6		
Arrive at track at least one hour before your first event.	FLS7		
Wears the appropriate uniform.	FLS8		
Record finish times and order of finish in all races; assist in placing or relocating blocks for races.	FLS9		
Keep the start/finish line clear of athletes, coaches, & spectators. Keep the area quiet for starts.	FLS10		
Instruct athletes to exit/refreshments/medical assistance as soon as race finishes.	FLS11		
Use red and white flags to indicate to Starters if race is ready to be started.	FLS12		
Operate the Laps to Go display for races 800m & over (outdoor) 400m & over (indoor) – flip to next lower number as leader enters the homestretch. Ring bell loudly on last lap for each runner; if multiple races are combined, ring bell for the leader of each original race.	FLS13		
Perform Lap Scoring duties.	FLS14		
Be aware of oncoming athletes before you step onto the track or step across lanes.	FLS15		



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Be aware of throwing or jumping events in area adjacent to finish lines.	FLS16		
If Referee reverses start direction due to weather, assist in relocation of necessary items.	FLS17		
Be aware of oncoming athletes before you step onto the track or step across lanes.	FLS18		
Be aware of throwing or jumping events in area adjacent to finish lines.	FLS19		
If Referee reverses start direction due to weather, assist in relocation of necessary items.	FLS20		
Be as invisible in the competition area as possible during TV events.	FLS21		
Lap Scoring Basic – For One or Two Scorers – Preparation, Procedures, Start of the Race, Early in the Race, Middle of the Race, the Finish of the Race Scenario	FLS22		
Appendix A - Lap Scoring on a 300 Meter Track	FLS23		
Appendix B – Total Laps for Common Races	FLS24		
Appendix C - Total Laps for Common Races	FLS25		
Road Running/ Cross Country Chute/ Finish Line Layout - Overview	FLS26		
Road Running/ Cross Country Chute/ Finish Line Layout - Instructions	FLS27		

Comments: _____



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- **Study Guide 5 – Field Event General Rules Mentor Checklist is contained in the Mentor Field of Play Evaluations and Study Guide 7 – High Jump and Study Guide 8 - Pole Vault.**
- **Study Guide 6 – Vertical Jumps Common Rules for High Jump are contained in Study Guide in the Mentor Field of Play Evaluations and Study Guide 7 – High Jump and Study Guide 8 - Pole Vault.**



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Study Guide 7 – High Jump Program Learning/Performance Objectives – Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objective What should the JOP be able to explain or do?	PO #	Date Completed	Mentor Initials
USATF Rule 182 / other pertinent rules as per module	HJ1		
Personal Equipment	HJ2		
Equipment From Meet Management Standards	HJ3		
Preparations	HJ4		
Equipment	HJ5		
Verify Pit Size and Positioning	HJ6		
Sweep the Apron	HJ7		
Crossbars	HJ8		
Standards Placement	HJ9		
Standards Height	HJ10		
Indicator Line	HJ11		
Measuring Device	HJ12		
Set-up	HJ13		
Other Officials	HJ14		
Increments	HJ15		
Warm-ups	HJ16		
Check-in All Athletes	HJ17		
Records	HJ18		
Inclement Weather	HJ19		
Brief the athletes on the Rules an Competition Procedures	HJ20		
Venue set-up and Assignments	HJ21		
Vertical Jump Recording Sheets	HJ22		
Conducting Five Alive	HJ23		
Resolving Ties	HJ24		
Time Limits – Field Events	HJ25		



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Absent from Competition	HJ26		
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Comments: _____



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Study Guide 8– Pole Vault Program Learning/Performance Objective – Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objective What can the JOP explain or do?	PO/LO #	Date Completed	Mentor Initials
USATF Rule 183 / Other Pertinent Rules from Module	PV1		
Personal Equipment Kit	PV2		
Equipment from Meet Management	PV3		
Equipment- Questions Meet Management	PV4		
Landing Pad	PV5		
Runway	PV6		
Standards	PV7		
Crossbars	PV8		
Extenders and Pegs	PV9		
Measuring Device	PV10		
Clean Box/sweep runway/Remove old marks	PV11		
Indicator (zero) Line	PV12		
Set-up Performance Boards	PV13		
Venue Set-up	PV14		
Other Officials	PV15		
Increments	PV16		
Cheat Sheets	PV17		
Warm-ups	PV18		
Check-in Athletes	PV19		
Records	PV20		
Inclement Weather	PV21		
Brief Athletes on Rules/competition Procedures	PV22		
Pit Venue checklist	PV23		
Pole Venue checklist	PV24		



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Conducting "Five Alive"	PV25		
Vertical Jump Scoring Sheet	PV26		
Resolving Ties	PV27		
Pole Vault Venue and Assignments	PV28		
Time Limits	PV29		
Absence from Competition	PV30		
Vertical Jump Event Recording Sheet	PV31		
Pit Boss Venue Recording Card – Cheat Sheet	PV32		

Comments:



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Study Guide 9 – Horizontal Jumps – General Rules – Mentor Checklist

Learning/Performance Objectives What the JOP should be able to do or explain...	PO #	Date Completed	Mentor's Initials
USATF RULE 184	HJGR1		
Take-off Board	HJGR2		
Construction	HJGR3		
Plasticine Indicator Board	HJGR4		
Landing Areas	HJGR5		
Measurement of Each Jump	HJGR6		
Wind Measurement	HJGR7		

Comments:

- **Horizontal Jump Learning Objectives will be included in Study Guide 10 - Long Jump and Study Guide 11 – Triple Jump Mentor Checklist of Assessment**



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Study Guide 10 – Long Jump Program– Learning Performance Objectives – Mentor Checklist

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

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Learning/Performance Objectives What should the JOP be able to explain or do?	PO# - Study Guide	Date Completed	Mentor Initials
USATF RULE 180	HJGR1 – SG-9		
USATF RULE 184	HJGR2– SG-9		
USATF RULE 185	HJGR3– SG-9		
USATF RULE 148	HJGR4– SG-9		
Take-off Board	HJGR5– SG-9		
Construction	HJGR6– SG-9		
Plasticine Indicator Board	HJGR7– SG-9		
Landing Areas	HJGR8– SG-9		
Measurement of Each Jump	HJGR9– SG-9		
Wind Measurement	HJGR10– SG-9		
Personal Equipment Kit	L1		
Equipment from Meet Management	LJ2		
Determine from Meet Management - Questions	LJ3		
Set up the venue	LJ4		
Brief officials	LJ5		
Check-in Athletes	LJ6		
Records	LJ7		
Warm-ups	LJ8		
Inclement Weather	LJ9		
Brief Athletes	LJ10		
Venue Assignments	LJ11		
Resolving Ties	LJ12		
Time Limits	LJ13		
Absence from Competition	LJ14		
Horizontal Event Recording Sheet	LJ15		

Comments:



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Study Guide 11 – Triple Jump Program Learning/Performance – Mentor Checklist

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objectives What should the JOP be able to explain or do?	PO/LO #	Date Completed	Mentors Initials
USATF Rule 186, 184, 185	TJ1		
The distance between the take-off line for men and the far end of the landing area shall be at least 21m.	TJ2		
For major competitions, the take-off line shall not be less than 13m for men and 10m for women from the nearer end of the landing area. For any other competition, this distance shall be appropriate for the level of competition.	TJ3		
Between the take-off board and the landing area there shall, for the step and jump phases, be a take-off area of 1.22m ± 0.01m wide providing firm and uniform footing.	TJ4		
The Triple Jump shall consist of a hop, a step and a jump in that order.	TJ5		
The hop shall be made so that an athlete lands first on the same foot as that from which the athlete has taken off, the step shall land on the other foot, from which, subsequently, the jump is performed. It shall not be considered a failure if an athlete, while jumping, touches the ground with the ‘sleeping’ leg.	TJ6		
Rule 185.5(d) does not apply to the normal landings from the hop and step phases.	TJ7		
USATF Rule 185 and other pertinent rules from Module	TJ8		
Personal Equipment Kit	TJ9		
Equipment from Meet Management	TJ10		
Determine from meet management - Questions	TJ11		
Set up the venue	TJ12		
Brief officials	TJ13		
Check-in Athletes	TJ14		
Records	TJ15		



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Warm-ups	TJ16		
Inclement Weather	TJ17		
Brief Athletes	TJ18		
Venue Assignments	TJ19		
Resolving Ties	TJ20		
Time Limits	TJ21		
Absence from Competition	TJ22		
Horizontal Jump Event Recording Sheet	TJ23		

Comments:



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Study Guide 12 – Combined Events – General Rules - Mentor Checklist

Participant's Name _____ Mentor Name: _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objectives What should the JOP be able to explain/do?	PO #	Date Completed	Mentor Initials
1. Competition for men + Rule 223.1	CEGR1		
2. Competition for women + Rule 200.1/201	CEGR2		
3. Rules of Competition – Exceptions	CEGR3		
4. # of trials/ hand timing/ false start calls	CEGR4		
5. Combined event time limits/ 30 minute starts. Adequate warm-up time.	CEGR5		
6. Scheduled time of flights/ time between flights.	CEGR6		
7. Decathlon – number of competitors – grouping of athletes.	CEGR7		
8. Combined events – heat/ flight assignments.	CEGR8		
9. Competition for men + Rule 223.1	CEGR9		
10. Competition for women + Rule 200.1/201	CEGR10		
11. Rules of Competition – Exceptions	CEGR11		
12. # of trials/ hand timing/ false start calls	CEGR12		
13. Combined event time limits/ 30 minute starts. Adequate warm-up time.	CEGR13		
14. Scheduled time of flights/ time between flights.	CEGR14		
15. Decathlon – number of competitors – grouping of athletes.	CEGR15		
16. Combined events – heat/ flight assignments.	CEGR16		
17. Scoring based on one system of timing.	CEGR17		
18. Winner – Highest number of total points	CEGR18		



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19. For record Purposes – automatic timing - failure	CEGR19		
20. Appropriate implement weights, hurdle height, hurdle spacing based on age classification. Outlined per group below:	CEGR20		
21. Youth rules 301,302.4, 302.6	CEGR21		
22. Juniors – rule 10.2(a)	CEGR22		
23. Masters – rule 332.1(i) & 332	CEGR23		
24. Change of number of days for C.E.	CEGR24		

Comments:



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Study Guide 13 – Marshaling Program Learning/Performance Objectives – Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning /Performance Objectives – MARSHALL What should the JOP to explain and do?	PO#	Date Completed	Mentors' Initials
USATF RULE 133 – MARSHAL	M1		
Secure access to the competition area so that only working officials, competitors, and other authorized/credentialed individuals are permitted entry.	M2		
Secure the start area of each race, prevent physical encroachment and sound interference (including that from the announcer) which could jeopardize the start.	M3		
Secure the finish area of each race and prevent any person other than competitors from crossing the finish line/timing system so that the order of finish and timing can be accurately determined.	M4		
Secure every field event competition area, including the runways, pits, circles, and implement landing areas to protect competitors and officials, spectators, and media.	M5		
Secure meet administration areas within the competition enclosure.	M6		
In the event of an injury, secure the area to permit access to the injured person only by appropriate personnel.	M7		
See that competitors, coaches, or trainers do not engage in unsportsmanlike conduct within the competition area.	M8		
Assist in the enforcement of competition uniform, electronics, and unauthorized assistance rules.	M9		
Possess writing materials to make a record of uniform, electronics, and unsportsmanship infractions, and refusals to follow Marshals' directions.	M10		
Anticipate movement of officials from one location to	M11		



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another to carry out their duties; precede them to ensure the area is ready for the officials to use when they relocate.			
If necessary, upon completion of the competition, escort competitors to the Mixed Zone.	M12		
For cross country & road races, may be both a Marshal & Umpire.	M13		
Personal Equipment	M14		
CC/LDR/MUT RACES – Aid Station Instructions	M15		
Course Marshal Instructions	M16		
Incident Report	M17		

Comments:



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Study Guide 14 - LDR, Cross Country, Road Racing -Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objectives – LDR,CC, Road Racing What the JOP should be able to do or explain...	PO/LO #	Date Completed	Mentor Initial
RULE 240 Course Certification	LDR1		
RULE 241 Medical and Refreshment Services for Road Events.	LDR2		
RULE 242 Starting a Running Event	LDR3		
RULE 243 Course Marking and Monitoring	LDR4		
RULE 244 The Finish Line	LDR5		
RULE 246 Scoring Running Events	LDR6		
RULE 250 General	LDR7		
RULE 251 Cross Country Course	LDR8		
RULE 252 Start	LDR9		
RULE 253 Mountain Running	LDR10		
Race Types	LDR11		
RULE 254 TRAIL RACING	LDR12		
RULE 255 APPAREL	LDR13		
RULE 256 FINISH	LDR14		

Comments:



Mentor Checklist Forms for all Study Guides (Plan A, Plan B, Plan V)

Study Guide 15 – RACE WALKING -Program Learning/Performance Objectives – Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your Initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objectives – Race Walking What the JOP should be able to do or explain...	PO#	Date Completed	Mentors' Initial
Judges of Race Walking – USATF Rule 230	RW1		
Yellow Paddle – Indicating an offense	RW2		
Disqualification - Red cards/ Red paddle	RW3		
Penalty Zone and time limits (USATF)	RW4		
Race Walking Officials	RW5		
General Rules	RW6		
Race Conduct	RW7		
Courses and Conditions for Walking Events	RW8		
Rules for Race Walking Officials Handbook (RW9 – RW 23)	RW9		
Rules of Race Walking	RW10		
USATF Rules of Competition	RW11		
Race Walk Officials	RW12		
Records	RW13		
Judging Race Walk Events	RW14		
Duties of the Chief Judge	RW15		
Procedures for Making Race Walking Calls	RW16		
Red Card collectors	RW17		
Duties of the Recorder	RW18		
Operating the Red Card Posting Board	RW19		
Umpire Calls	RW20		
Uniform	RW21		
Judging Philosophies and Practices	RW22		
Pit Lane Rule (IAAF)	RW23		
Water/Refreshments	RW24		

Comments:



Mentor Checklist for all Study Guides (Plan A, Plan B, Plan V)

Study Guides 16 – Meet Management Program Learning/Performance – Mentor Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objectives – Meet Management What can the JOP explain or do?	PO#	Date Completed	Mentors’ Initial
RULE 110 Meet Personnel	MM1		
Event Management Personnel	MM2		
Support Personnel	MM3		
RULE 111 Games Committee	MM4		
RULE 115 National Technical Officials	MM5		
RULE 118 Photo Finish Operator	MM6		
RULE 119 Jury of Appeals	MM7		
RULE 123 Technical Manager	MM8		
RULE 124 Event Presentation Manager	MM9		

Comments:



Mentor Checklist for all Study Guides (Plan A, Plan B, Plan V)

Study Guide 17– Wind Gauge – Common Rules -Mentor Assessment Checklist

Participant Name _____ Mentor Name _____

Evaluate applicable areas, based on assignment(s) for this meet/some areas will be Non-Applicable (NA)

INSTRUCTIONS: All items on this Checklist must be completed during the timeline of the program. Some participants are in the program for one-to-four years. All items/objectives should be checked when the item is successfully completed. Not all items will be completed at any particular meet but over a series of meets. Enter the date of the completed PO/LO, your Initials for verification, and any comments that you may have. Make three (3) copies when the form is completed. Keep one (1) copy for yourself. Distribute one (1) to the participant. Send one (1) to your Certification chairperson or to your Junior Officials Program coordinator as per your specific Association designee. All Objectives must be met before submission. Note: Some of the items on the checklist maybe “Not Applicable (NA) but those items are very limited. Ex. A 14 year-old JOP Participant will not be a Starter at a meet or assigning other officials to duties. These type criteria will be marked NA. NA’s should be used sparingly.

Learning/Performance Objective What the JOP should be able to do or explain...	PO #	Date Completed	Mentor Initials
1. USATF RULE 134 – Wind Gauge Operator	WG1		
2. USATF RULE 163.10	WG2		
3. USATF RULE 163.11	WG3		
4. USATF RULE 163.12	WG4		
5. USATF RULE 163.13	WG5		
6. USATF RULE 163.14	WG6		
7. Type of wind gauges.	WG7		
8. Limited use to straightaway on courses.	WG8		
9. Long Jump/Triple Jump wind readings	WG9		
10. Device Placement –1.22m(9 4’)/above ground/Parallel to ground to straight away/at prescribed distances.	WG10		
11. Device Placement – Long Jump/Triple Jump	WG11		
12. Device Placement – 100m/200m, 100.110m hurdles	WG12		
13. Starting device – Long Jump/Triple Jump	WG13		
14. Starting device – 100m/110m hurdles	WG14		
15. Starting device – 200m	WG15		
16. Reading the wind Gauge – rounding up to the nearest 10 th of meter per second.	WG16		
17. Reading Gauge example	WG17		
18. Wind Gague automatic rounding up. Conversions.	WG18		
19. Negative reading (in the face of the runner) is legal.	WG19		
20. Magnitude of the wind vector in forward motion.	WG20		
21. Terminology – Positive reading (Tail Wind)/negative reading (Head Wind)	WG21		



Mentor Checklist for all Study Guides (Plan A, Plan B, Plan V)

Comments:
